



ECCU 2017 CONFERENCE & EXHIBITION • A CALL TO ACTION...AND ALL THAT JAZZ!

Small Team Practice in CPR Class

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Presenter Disclosure Information

Tom Schmitz & Mary S. Barber-Schmitz
Small Team Practice in CPR Class

FINANCIAL DISCLOSURE:

- We are both employees of the American Red Cross

UNLABELED/UNAPPROVED USES DISCLOSURE:

- We will not be discussing any such uses

The Idea

- **WHAT:** Improve quality of skill practice in provider-level training
- **HOW:** Teach instructors to apply principles of scenario facilitation to initial skill practice in CPR classes

One slight problem:

How to teach this without adding time to instructor training

Simple Scenario Tools

- Practice template
- Formation rules
- Facilitation rules

Tool: Skill Practice Template

Skill Practice = KOS+GO+ACTION+STOP

- Kick-off story (participant listening)
- GO signal
- Action phase (participant performing skills)
- STOP signal

Tool: Formation Rules

Template for Kick-Off Story (KOS)

1. Environment

- Information true today and every day

2. Situation

- Information about today and now, but prior to awareness of emergency

3. Emergency

- Information that lets us know something is wrong

Tool: Formation Rules

Rules for ACTION Phase

- Always prompting
- Sometimes coaching
- Never anything but prompting and coaching
 - No questions
 - No conditionals

Tool: Formation Rules

Coaching

- A command
- Tells participant
 - what to do
 - right now
 - in this situation

Prompting

- Not a command
- Provides information about
 - what's going on
 - right now
 - in this situation

Corollaries

- Questions are not coaching, because they don't tell the participant what to do. (And not prompting, obviously.)
- Conditionals ("if" statements) are not coaching or prompting because they don't talk about this situation, right now.

Tool: Facilitation Rules

- Get them to do the steps
- Don't tell them to do the steps
- Provide information only when it would normally be known (right time, right checks)
- Beware of “gonna”

Zero Time?

- Tools are an investment
 - Takes time to teach tool
 - Saves time to use tool
- These tools can be taught quickly

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