

Youth

< Back Right Before & During a Tornado

Be aware of tornado danger signs

- Dark, often greenish clouds
- A phenomenon caused by hail
- Wall cloud: A lowering of a storm
- Cloud of debris
- Large hail
- Funnel cloud
- Roaring noise

Nothing Else

< Learn Unconscious breathing

1 Check breathing by head backwards and feeling for breath

When a person is unconscious, their muscles relax and they block their airway so they can't breathe. Tilting their head backwards opens the airway by pulling the tongue back. Looking forward, and if it's moving, and your cheek, will be breathing or not.